## Science of Spirituality Meditation Center Meditation Talks by Shri Ravi Kohli







Friday, September 15<sup>th</sup> 7pm – 9pm

## Law of Karma & Meditation

Science of Spirituality Meditation Center 4054 Van Buren St. NE. Columbia Heights, MN 55423

Sunday, September 17<sup>th</sup> 10:30am – noon

## How to Attain Spiritual Goals through Love & Devotion

**Hindu Temple of Minnesota** 10530 Try Ln N, Maple Grove, MN 55311

Sunday, September 17<sup>th</sup> 2pm – 4pm

## **Simplicity & Receptivity**

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To start on a spiritual path, it is important to have the right understanding first. Once we are certain about the right path, having zeal and passion for our spiritual goals are must. What else we need to know to progress on our spiritual journey speedily? Ravi Kohli will help us explore ways to make meditation and spirituality integral to our lives. He will lay out all the auidance, tools and help available for our highest inner growth.

Meditation sessions are included. Special Teens & Children Programs are also organized at the same time. Light vegetarian meals are provided or available. All programs are FREE of cost.



**Ravi Kohli** is an international speaker, successful business man, spiritual seeker and a dedicated volunteer under the guidance of Sant Rajinder Singh Ji Maharaj. He regularly leads meditation talks and sessions at the Science of Spirituality Meditation Centers in the New York area.

Science of Spirituality is a worldwide spiritual organization dedicated to transforming lives through meditation, under the guidance of Sant Rajinder Singh Ji Maharaj.

All of our programs are FREE.